Menu Name	SPRING Summer MENU 2024	Week 3	Cycle 5	Download Date: 08/01/2025 13:50				
SPRING Summer MENU 2024								
Meal Period	Section Name	Mon	Tue	Wed	Thu	Fri	Sat	Sun
Breakfast	Hot			Scrambled Eggs,				Bacon and Eggs
	Continental	Continental Breakfast	Continental Breakfast	Continental Breakfast	Continental Breakfast	Continental Breakfast	Continental Breakfast	Continental Breakfast
	Hot Beverages	Tea and Coffee	Tea and Coffee	Tea and Coffee	Tea and Coffee	Tea and Coffee	Tea and Coffee	Tea and Coffee
	Texture Modified	Porridge	Porridge	Porridge	Porridge	Porridge	Porridge	Porridge
Morning Tea	Snack Items	Strawberry and Vanilla	Passionfruit slice	Blondies	Apricot and coconut	Cheese and Crackers	Lemonade Scones w	Raspberry White
	Hot Beverages	Tea and Coffee	Tea and Coffee	Tea and Coffee	Tea and Coffee	Tea and Coffee	Tea and Coffee	Tea and Coffee
	Texture Modified	Choice of: Yoghurt,	Choice of: Yoghurt,	Choice of: Yoghurt,	Choice of: Yoghurt,	Choice of: Yoghurt,	Choice of: Yoghurt,	Choice of: Yoghurt,
	Texture Modified							
Lunch	Soups							
	Option 1	Corned Beef Silverside	Apricot Chicken	Baked Fish with	Beef Spaghetti	Homemade Battered	Pork Chops with Onion	Roast Beef with Gravy
	Option 2	Portuguese Style	Pork and Vegetable	Lamb Rissoles with	Chickpea Curry	Irish Stew	Creamy Chicken	Cheese and Asparagus
	Vegetarian							
	Side Starches	Mash Potato	Roast Pumpkin	Roast Sweet Potatoes	steamed rice	Chips	Golden Roast Chat	Roast Potato
	Side Vegetables	Buttered Yellow Beans	Steamed cauliflower	Steamed Zucchini and	Steamed Broccoli	Garden Salad	Brussel Sprouts,	Roast Pumpkin
	Sides	Buttered Carrots	Peas		Steamed cauliflower	Cauliflower, Broccoli	Steamed cauliflower	Steamed Peas
	Sandwiches	Selection Of Ham and	Selection Of Ham and	Selection Of Ham and	Selection Of Ham and	Selection Of Ham and	Selection Of Ham and	Selection Of Ham and
	Salads	Cold meat and Cheese	Cold meat and Cheese	Cold meat and Cheese	Cold meat and Cheese	Cold meat and Cheese	Cold meat and Cheese	Cold meat and Cheese
	Desserts	Banana and Caramel	French Vanilla	Orange Syrup Cake	Baked Custard	Ice Cream with	Sultana Pudding with	Vanilla Ice cream with
	Hot Beverages	Tea and Coffee	Tea and Coffee	Tea and Coffee	Tea and Coffee	Tea and Coffee	Tea and Coffee	Tea and Coffee
	Texture Modified	TM Puree Potato -	TM Puree Potato -	TM Puree Potato -	TM Puree Potato -	TM Puree Potato -	TM Puree Potato -	TM Puree Potato -
	Texture Modified							
Afternoon Tea	Snack Items	Sweet Biscuits - 20	Sweet Biscuits - 20	Sweet Biscuits - 20	Sweet Biscuits - 20	Sweet Biscuits - 20	Sweet Biscuits - 20	Sweet Biscuits - 20
	Hot Beverages	Tea and Coffee	Tea and Coffee	Tea and Coffee	Tea and Coffee	Tea and Coffee	Tea and Coffee	Tea and Coffee
	Texture Modified	Choice of: Yoghurt,	Choice of: Yoghurt,	Choice of: Yoghurt,	Choice of: Yoghurt,	Choice of: Yoghurt,	Choice of: Yoghurt,	Choice of: Yoghurt,
	Texture Modified							
Dinner	Soups	Chicken and Noodle	Pumpkin Soup	Cream Of Mushroom	Cream of Asparagus	Carrot and Coriander	Minestrone Soup	Roasted Cauliflower
	Option 1	Mediterranean Grill	Shepherds Pie	Grilled Pork Sausages	Potato Ham and	Party Pies and Sausage	Salmon and Vegetable	Ham and Pineapple
	Option 2							
	Vegetarian							
	Side Starches	Golden Roast Chat		Mash Potato	Crunchy Roast Garlic		Potato Gems	Garden Salad
	Side Vegetables	Sauted Zucchini with	Garden Salad	Yellow and Green	Garden Salad		Steamed Carrot, Peas	
	Sides							
	Sandwiches	Selection Of Ham and	Selection Of Ham and	Selection Of Ham and	Selection Of Ham and	Selection Of Ham and	Selection Of Ham and	Selection Of Ham and
	Salads	Cold meat and Cheese	Cold meat and Cheese	Cold meat and Cheese	Cold meat and Cheese	Cold meat and Cheese	Cold meat and Cheese	Cold meat and Cheese
	Desserts	Seedless Watermelon,	Banana Custard	Jelly with Two Fruits	Stewed Apples with	Peach and Custard	Fresh Fruit Salad with	Ice Cream and Caramel
	Hot Beverages	Tea and Coffee	Tea and Coffee	Tea and Coffee	Tea and Coffee	Tea and Coffee	Tea and Coffee	Tea and Coffee
	Texture Modified	TM Puree Potato -	TM Puree Potato -	TM Puree Potato -	TM Puree Potato -	TM Puree Potato -	TM Puree Potato -	TM Puree Potato -
	Texture Modified							
Supper	Snack Items	Sweet Biscuits - 20	Sweet Biscuits - 20	Sweet Biscuits - 20	Sweet Biscuits - 20	Sweet Biscuits - 20	Sweet Biscuits - 20	Sweet Biscuits - 20

	Sandwiches	Selection Of Ham and	Selection Of Ham and	Selection Of Ham and	Selection Of Ham and	Selection Of Ham and	Selection Of Ham and	Selection Of Ham and
	Hot Beverages	Tea and Coffee	Tea and Coffee	Tea and Coffee	Tea and Coffee	Tea and Coffee	Tea and Coffee	Tea and Coffee