

Menu Name	SPRING Summer MENU 2024		Week 1	Cycle 5	Download Date: 08/01/2025 13:49			
SPRING Summer MENU 2024								
Meal Period	Section Name	Mon 20 Jan 2025	Tue 21 Jan 2025	Wed 22 Jan 2025	Thu 23 Jan 2025	Fri 24 Jan 2025	Sat 25 Jan 2025	Sun 26 Jan 2025
Breakfast	Hot			Spaghetti with Tomato and Cheese				Bacon and Eggs
	Continental Breakfast	Continental Breakfast	Continental Breakfast	Continental Breakfast	Continental Breakfast	Continental Breakfast	Continental Breakfast	Continental Breakfast
	Hot Beverages	Tea and Coffee	Tea and Coffee	Tea and Coffee	Tea and Coffee	Tea and Coffee	Tea and Coffee	Tea and Coffee
	Texture Modified - PU4	Porridge	Porridge	Porridge	Porridge	Porridge	Porridge	Porridge
Morning Tea	Snack Items	zucchini slice	Raspberry and Coconut Slice	CARROT CAKE	Cinnamon Scroll	Danish Pastry assortment	Strawberry and Vanilla Cake	Apple Tea Cake
	Hot Beverages	Tea and Coffee	Tea and Coffee	Tea and Coffee	Tea and Coffee	Tea and Coffee	Tea and Coffee	Tea and Coffee
	Texture Modified - PU4	Choice of: Yoghurt, Custard, Puree Fruit	Choice of: Yoghurt, Custard, Puree Fruit	Choice of: Yoghurt, Custard, Puree Fruit	Choice of: Yoghurt, Custard, Puree Fruit	Choice of: Yoghurt, Custard, Puree Fruit	Choice of: Yoghurt, Custard, Puree Fruit	Choice of: Yoghurt, Custard, Puree Fruit
	Texture Modified - SB6							
Lunch	Soups							
	Option 1	Beef Brisket With Honey and BBQ Sauce	Creamy Chicken, Mushroom and Capsicum casserole	Grilled Fish with Bearnaise Sauce	Savoury Lamb Mince	Homemade Crumbed fish with Lemon and tartare sauce	Pork Stroganoff	Roast Beef with Gravy
	Option 2	Chicken Meatloaf with Gravy	Vegetable Pasta Bake	Summer Harvest Beef Stew	Macaroni and Cheese Bake	Country Lamb Sausage Stew	Chinese Style Stir Fry Chicken with Vegetables and Noodles	Spinach and Ricotta Ravioli
	Vegetarian							
	Side Starches	Roasted Rosemary Potatoes	Steamed Rice	Crushed Herb Potatoes	Mash Potato	Chips	Mash Potato	Roast Potato
	Side Vegetables	Steamed Carrot, Zucchini, Cauli and Broccoli	Buttered Baby Beans	Steamed Broccoli	Yellow and Green beans buttered	Garden Salad	Brussel Sprouts, Steamed	Broccoli and Cauliflower
	Sides		Roast Pumpkin	Herbed Baby Carrots		Red Capsicum, Babycorn, Sugar Snap Peas, Carrot and Broccoli	Roast Sweet Potatoes	
	Sandwiches	Selection Of Ham and Cheese, Egg and Mayo, Chicken and Mayo, Salad Sandwich	Selection Of Ham and Cheese, Egg and Mayo, Chicken and Mayo, Salad Sandwich	Selection Of Ham and Cheese, Egg and Mayo, Chicken and Mayo, Salad Sandwich	Selection Of Ham and Cheese, Egg and Mayo, Chicken and Mayo, Salad Sandwich	Selection Of Ham and Cheese, Egg and Mayo, Chicken and Mayo, Salad Sandwich	Selection Of Ham and Cheese, Egg and Mayo, Chicken and Mayo, Salad Sandwich	Selection Of Ham and Cheese, Egg and Mayo, Chicken and Mayo, Salad Sandwich
	Salads	Cold meat and Cheese plate	Cold meat and Cheese plate	Cold meat and Cheese plate	Cold meat and Cheese plate	Cold meat and Cheese plate	Cold meat and Cheese plate	Cold meat and Cheese plate
	Desserts	Mango Mousse	Pear and White Chocolate Crumble, Custard	Lemon Self Saucing Pudding with Ice cream	Vanilla Pannacotta	Ice Cream Sundae	Sultana and Cinnamon bread and butter Pudding with Cream	Ice Cream and Caramel Topping
	Hot Beverages	Tea and Coffee	Tea and Coffee	Tea and Coffee	Tea and Coffee	Tea and Coffee	Tea and Coffee	Tea and Coffee

	Texture Modified - PU4	TM Puree Potato - PU4, TM Carrot - PU4, TM Broccoli - PU4, TM Beef - PU4, TM Chicken - PU4	TM Puree Potato - PU4, TM Carrot - PU4, TM Broccoli - PU4, TM Chicken - PU4, TM Pork - PU4	TM Puree Potato - PU4, TM Carrot - PU4, TM Broccoli - PU4, TM Fish - PU4, TM Lamb - PU4	TM Puree Potato - PU4, TM Carrot - PU4, TM Broccoli - PU4, TM Chicken - PU4, TM Beef - PU4	TM Puree Potato - PU4, TM Carrot - PU4, TM Broccoli - PU4, TM Fish - PU4, TM Lamb - PU4	TM Puree Potato - PU4, TM Carrot - PU4, TM Broccoli - PU4, TM Chicken - PU4, TM Beef - PU4	TM Puree Potato - PU4, TM Carrot - PU4, TM Broccoli - PU4, TM Beef - PU4, TM Fish - PU4
	Texture Modified - SB6							
Afternoon Tea	Snack Items	Sweet Biscuits - 20 gram	Sweet Biscuits - 20 gram	Sweet Biscuits - 20 gram	Sweet Biscuits - 20 gram	Sweet Biscuits - 20 gram	Sweet Biscuits - 20 gram	Sweet Biscuits - 20 gram
	Hot Beverages	Tea and Coffee	Tea and Coffee	Tea and Coffee	Tea and Coffee	Tea and Coffee	Tea and Coffee	Tea and Coffee
	Texture Modified - PU4	Choice of: Yoghurt, Custard, Puree Fruit	Choice of: Yoghurt, Custard, Puree Fruit	Choice of: Yoghurt, Custard, Puree Fruit	Choice of: Yoghurt, Custard, Puree Fruit	Choice of: Yoghurt, Custard, Puree Fruit	Choice of: Yoghurt, Custard, Puree Fruit	Choice of: Yoghurt, Custard, Puree Fruit
	Texture Modified - SB6							
Dinner	Soups	Spring Vegetable Soup	Pumpkin Soup	Cream Of Mushroom Soup	Chicken and Vegetable Soup	Carrot and Coriander Soup	Minestrone Soup	Roasted Cauliflower Soup
	Option 1	Lamb Rissoles with Gravy	Slow Braised Beef Casserole	BBQ Chicken	Quiche Lorraine	Party Pies and Sausage rolls	Lamb Ragout	Grilled thick pork sausages caramelised onions
	Option 2							
	Vegetarian							
	Side Starches	Roast Sweet Potatoes	Roasted Rosemary Potatoes	Sweet Potato Mash	Potato Wedges	Steamed Rice	Roast Sweet Potatoes	Chips
	Side Vegetables	Buttered Peas	Butter Beans		Red Capsicum, Carrot, Yellow and Green Beans	Yellow and Green beans buttered	Broccoli and Cauliflower	Garden Salad
	Sides	Roast Zucchini		Cauliflower, Broccoli and Carrot		Buttered Carrots		
	Sandwiches	Selection Of Ham and Cheese, Egg and Mayo, Chicken and Mayo, Salad Sandwich	Selection Of Ham and Cheese, Egg and Mayo, Chicken and Mayo, Salad Sandwich	Selection Of Ham and Cheese, Egg and Mayo, Chicken and Mayo, Salad Sandwich	Selection Of Ham and Cheese, Egg and Mayo, Chicken and Mayo, Salad Sandwich	Selection Of Ham and Cheese, Egg and Mayo, Chicken and Mayo, Salad Sandwich	Selection Of Ham and Cheese, Egg and Mayo, Chicken and Mayo, Salad Sandwich	Selection Of Ham and Cheese, Egg and Mayo, Chicken and Mayo, Salad Sandwich
	Salads	Cold meat and Cheese plate	Cold meat and Cheese plate	Cold meat and Cheese plate	Cold meat and Cheese plate	Cold meat and Cheese plate	Cold meat and Cheese plate	Cold meat and Cheese plate
	Desserts	Jelly with Two Fruits and Cream	Pears and Custard	Fresh Fruit Salad with Yoghurt	Stewed Apples with Custard	jelly, Ice Cream	Fresh Fruit Salad with Yoghurt	Peaches and Custard
	Hot Beverages	Tea and Coffee	Tea and Coffee	Tea and Coffee	Tea and Coffee	Tea and Coffee	Tea and Coffee	Tea and Coffee
	Texture Modified - PU4	TM Puree Potato - PU4, TM Pumpkin - PU4, TM Green Beans - PU4, TM Fish - PU4, TM Lamb - PU4	TM Puree Potato - PU4, TM Pumpkin - PU4, TM Green Beans - PU4, TM Beef - PU4, TM Fish - PU4	TM Puree Potato - PU4, TM Pumpkin - PU4, TM Green Beans - PU4, TM Chicken - PU4, TM Pork - PU4	TM Puree Potato - PU4, TM Pumpkin - PU4, TM Green Beans - PU4, TM Fish - PU4, TM Lamb - PU4	TM Puree Potato - PU4, TM Pumpkin - PU4, TM Green Beans - PU4, TM Chicken - PU4, TM Pork - PU4	TM Puree Potato - PU4, TM Pumpkin - PU4, TM Green Beans - PU4, TM Fish - PU4, TM Lamb - PU4	TM Puree Potato - PU4, TM Pumpkin - PU4, TM Green Beans - PU4, TM Chicken - PU4, TM Pork - PU4, TM Lamb - PU4
Texture Modified - SB6								
Supper	Snack Items	Sweet Biscuits - 20 gram	Sweet Biscuits - 20 gram	Sweet Biscuits - 20 gram	Sweet Biscuits - 20 gram	Sweet Biscuits - 20 gram	Sweet Biscuits - 20 gram	Sweet Biscuits - 20 gram

	Sandwiches	Selection Of Ham and Cheese, Egg and Mayo, Chicken and Mayo, Salad Sandwich	Selection Of Ham and Cheese, Egg and Mayo, Chicken and Mayo, Salad Sandwich	Selection Of Ham and Cheese, Egg and Mayo, Chicken and Mayo, Salad Sandwich	Selection Of Ham and Cheese, Egg and Mayo, Chicken and Mayo, Salad Sandwich	Selection Of Ham and Cheese, Egg and Mayo, Chicken and Mayo, Salad Sandwich	Selection Of Ham and Cheese, Egg and Mayo, Chicken and Mayo, Salad Sandwich	Selection Of Ham and Cheese, Egg and Mayo, Chicken and Mayo, Salad Sandwich
	Hot Beverages	Tea and Coffee	Tea and Coffee	Tea and Coffee	Tea and Coffee	Tea and Coffee	Tea and Coffee	Tea and Coffee